

Thalassole & Thalasselixer The Efficacy of Sole and Sea Minerals



The mixture of water and crystal salt, called "sole" (so-lay) is the most flexible physical representation of pure solar and light energy. It is in fact the origin of life, or the proverbial primordial soup. Every vital biological process on Earth is directly connected to an energy potential, which comes about when water and salt combine. Salt is literally stored energy and water is the universal solvent. Progress Earth's mission is to deliver the most conscious products that deal directly with life's most precious and potent sources of life force.

To fully grasp the relevance of Thalassole and Thalasselixer one must become comfortable with the idea that every living and non-living thing vibrates and is in a relative state of resonance. Resonance is what allows a living organism or a vortex to resist the forces of entropy, or the idea that, all things being equal, things tend to fall apart. The idea of entropy is defined by the Second Law of Thermodynamics. The sand on a beach is a perfect example of this, as nobody in their right mind expects the grains to reform as a shell. Similarly, if you could approach a tornado you could punch it. It's physical, yet made up of thin air. Or a hurricane, it is the resonance of air working as a low pressure system that allows the organization and, more importantly, the energy associated with such powerful and fundamental earth processes.

Thalassole & Thalasselixer provide the tools that the body needs to maintain a healthy vibration and supreme resonance in the living organism. After all, we are electrical entities, unconsciously relying on the uncountable electrochemical reactions that keep us thinking, feeling, and moving in all that we do...without falling apart. In the modern world, unfortunately we are not getting these vital tools from our food. Our food is often manufactured, not grown, and when it is cultivated it is empty, having been grown with artificial materials and industrial by-products. We try to replace these tools with supplements made by man and it simply runs right through us, as our bodies reject and must be coerced into what is not created by nature. This is a large part of how we can have the most expensive health care system in the world in the US and some of the sickest people. Thalassole and Thalasselixer are 100% natural products that reinforce the body's innate processes, derived by nature and available to cells.



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The crystalline structure of a natural salt brine is so potent and profound that its vibration pattern lasts over 24 hours in the body. As such, with brine water, you can regain exactly the vibration pattern that the body is lacking when it is sick, precisely because Thalassole and Thalasselixer contain ALL of the possible subtle vibrational energies that the body may need. These are the same subtle energies we experience through our chakra system and that are manipulated via homeopathic tinctures, acupuncture, gem elixirs, or flower essences, for examples. For this reason, it is hard to predict exactly how each person will benefit from Thalassole or Thalasselixer due to the unique vibration (or lack of vibration) of each individual person. As with anything of excellence the quality of the salt and water is paramount for a quality product, and Progress Earth cuts no corners. We harvest our ocean water from the pristine Gulf Stream and import our Himalayan crystal salt from the Hunza Valley in Pakistan. The biodynamic preps are formulated on a certified organic farm in Water Mill, NY and take up to a year to potentize. These products are hand made, created with the greatest intention and the utmost of consciousness, so that the earth may be healed.

The word sole means brine and comes from the Latin word *sol* for sun. So the literal meaning of sole is liquid sun. Thalassa is the Greek sea goddess, representing the central importance of the sea to life and health. Biodynamics was developed by Rudolph Steiner in the 1920's as a reaction to artificial farming and as a means to create harmony in and amongst living forms. The result is Thalassole. The benefits of drinking salt brines are known to antiquity, and are common in most popular detox or cleansing regimens. Benefits include, but are not limited to:

- A) Harmonize the alkaline/acidic balance in the body and normalize blood pressure
- B) Can lower the craving for addictive desires such as caffeine, alcohol, and sugar
- C) Can dissolve and eliminate sediments that lead to stones and various long-term problems such as arthritis or kidney and gall bladder stones
- D) Encourages long term bone, tooth, and joint health by providing naturally assimilable sources of Ca+ that act to eliminate calcium deposits and regulate body functions
- E) Supply the body with the natural energy stored within the crystals for a period of 24 hours
- F) Detox parasites and heavy metals such as lead, mercury, arsenic, amalgam, etc. by breaking up their molecular structures
- G) Helps normalize bowel functions
- H) Helps nourish skin and hair from the inside. Use diluted as a topical spray or rub.
- I) Provides the body with the nourishment tools needed to carry out physiological and metabolic functions that are lacking from our food
- J) Generally cleanses and reinforces the body's natural wellness processes. The body is not designed to be sick.

Uses include, but are not limited to:

- 1) **Re-mineralize RO or Distilled Water:** When water is devoid of everything it is in a very aggressive state. If we ingest this water in this aggressive state it can actually leach necessary minerals from our body and diets, i.e. pure rain water and the Grand Canyon. Use Thalassole at ¼ - ½ teaspoon per gallon to re-mineralize RO or distilled water.
- 2) **Daily Sole:** Take a teaspoon in a glass of pure water daily on an empty stomach. Sole has been used and known for millennia as a panacea. Unleash the stored potential of nature's colloidal minerals for the benefit of human health today. Ask about the Sole book!
- 3) **Athletic Performance / Electrolyte Replacement:** Providing the body with the entirety of mineral and energetic influence on earth allows increased energy, vitality, and health by actually replacing what the body is losing. The soluble minerals that we lose when sweating are only partially replaced by popular sports drinks and electrolyte products.
- 4) **Liquid Vitamin:** Thalassole is liquid cell food. Studies verified with USDA data have proven that our food is not the vitamin that it used to be. Empty fertilizers result in empty harvests forcing the public to find a supplemental source of life's necessary components. Thalassole



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contains these components in a colloidal form that your body can use.

- 5) **Pet tonic:** We feed animals what we don't want to eat and expect them to be healthy. The increased use of pharmaceuticals in animals is simple evidence of this. This is also the reason you may have caught your animal eating grass or dirt, they are likely lacking in life's essential nutrients. Simply add 5 drops to your pet's water bowl when you change it and notice the difference.
- 6) **Cooking:** Thalassole re-mineralizes foods and acts as a premium salt for cooking. Please throw away the NaCl in your kitchen, as it is a poison. See below for more information.

Traditional 'sole' is Himalayan crystal salt in water. Thalassole enhances the idea of traditional sole by including pristine sea minerals from the Gulf Stream, the nine biodynamic (BD) preparations (BD500-508; horn humus, horn silica, yarrow, chamomile, stinging nettle, oak bark, dandelion, valerian, and horsetail), colloidal clay, and Nettle's Tea. By marrying sea minerals with Himalayan crystal salt in the presence of the BD preps, the full entirety of mineral and energetic potential available on the surface of the earth is achieved. The colloidal clay acts as a lubricant by allowing proper communication between the rhythmic (heart & lung) and nerve sense systems (brain & five senses) of the body so that the ingredients can work within the living organism.

Thalassole & Thalasselixer are NOT manufactured in any way. There are ZERO preservatives. The natural salts act to maintain the efficacy of the products. These naturally refined materials are simply brought together to be enjoyed in one place. As you will notice, all of the ingredients are used medicinally in their own right and can be found on the shelves of health food stores.

Wellness is attained only at the cellular level. It is estimated that almost all of the cells in the human body regenerate every 18 months and the entire body every 7 years or so. Wellness certainly does not come over night, only through deliberate awareness of the obstacles we place in front of collective societal health via empty harvests and misguided intentions. Thalassole and Thalasselixer are colloidal products, meaning all of their components are available to the body and its cells. Colloidal is described as the state of a solute when its molecules are not present as separate entities, as in a true solution, but are grouped together to form solute "particles". These particles, approximately one hundred-thousandth to one ten-millionth of a centimeter across and only detectable by means of an ultramicroscope, carry a resultant electric charge. The human body is an electrical organism and it is this colloidal state that enables the membranes of the human body to absorb essential mineral elements directly without their having first to be processed organically by plant or animal. Every cell of the human body is made of colloids arranged to perform specific functions. Think of the cell wall as an energetic puzzle and the colloid as one of the pieces. The individual element may be rejected (i.e. traditional Ca⁺ supplements, Vitamin C vs. ascorbic acid, or any singular unbalanced ingredient), but the colloid fits like a glove. Colloidal particles are so small, and therefore have such a large surface area (a teaspoon of particles has a surface area greater than a football field!), that they generate surface energies that have powerful influences on physical and chemical reactions. Many of the materials we use as medicine work against the body to correct a symptom, Thalassole and Thalasselixer work with the body, preventatively influencing the root of the problem, so that it can naturally heal itself.

We are also the only animal that washes its food. We must do this to ensure the sanctity of foodstuff due to our unsanitary growing practices, but we used to pull the carrot out of the ground and eat it. This means we are losing vital humic acids that our bodies have grown to expect. These humic acids are delivered via the humified BD preps 500-508. In addition to the humic benefits, there are resources abound for discovering the wellness potential of the herbs contained in Thalassole = yarrow, chamomile, stinging nettle, oak bark, dandelion, valerian, and horsetail. Ask your local health food store, naturopath, herbology book, or simply put the words into a search engine online.



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Thalasselixer takes this concept one step further by incorporating one of nature's most perfect living foods and potent sources of vegetal nourishment → wheatgrass. Thalasselixer is 75% Thalassole, 12.5% fresh wheatgrass, and 12.5% fermented wheatgrass. The benefits of fermentation are readily known and can be found by putting "benefits of fermentation" into a search engine. Thalasselixer is formulated using special potentization processes that properly distribute and imprint the energies associated utilizing sacred geometries. The salt brine of Thalassole prevents the wheatgrass from ever spoiling, allowing a mobile and perpetual source of earth's most potent sources of life force!

Wheatgrass grown by Makes Scents (www.growgreens.com)

Thassole & Thalasselixer are truly providing subtle energies from every angle!

(Following are excerpts from the book *Water & Salt*, by Brennan and Ferreira – available upon request!)

The Meaning of the Word Salt: The word salt comes from the Latin term sal, which again comes from the word sol. Sol is synonymous with the "sole," the water and salt solution and is the Latin word for sun. Mythologically, and from its definition, sole means "liquid sunlight," the liquid materialization of the sun's energy, liquid light energy, bound into a geometrical structure, capable of creating and sustaining life. This literally explains where life on Earth came from: from the sole of the primal oceans.

The Celtic word for salt, "hall" has the same roots as the German word heilig meaning "holy" which also comes from the word heil meaning "whole." Further, hall also signifies sound (German schall). The schall is a sound with a long hall, which means echo or reverberation in German, involving vibration. If we knew of these correlations today, we would be asking our neighbor at the table to "Please pass me some vibration," rather than "Please pass me some salt." We have to ask, "Were the Celts conscious of the fact that salt contained all the frequency patterns of the elements?" And, that "hall" was the basic vibration for "heil" (German "health")/ "wholesomeness"? They definitely knew how to cure illnesses and rebalance the energy deficit in the body through "hall," their salt. From an energetic, as well as from the biophysical point of view, an energy deficit can be balanced with salt, regardless of the missing frequency pattern, or the missing information/energy/life-force. Pure crystal salt is still geologically defined as "halite," in which we can recognize the Celtic words "hall" for salt and "lit" for light. Loosely translated, crystal salt or halite means, light vibration.

Natural Himalayan crystal salt consists not only of two, but also of all natural elements. These are identical to the elements of which our bodies have been built and originally found existing in the "primal ocean" from where all life originated. Interesting enough, our blood is a sole, containing the same salty solution as that of the primal sea; that is, a fluid consisting of water and salt.

Salt — Mediator between Energy and Matter: Salt is that which remains after matter has dissolved and transformed into subtle matter. The founder of the Schüssler Salt Therapy, Dr. Wilhelm Schüssler, already proved, over 100 years ago, that the ashes remaining after a corpse is cremated are nothing but the salts of which the human body is made. The byproduct of the modern waste burning plants is salt. Needless to say, no one would want to eat this salt, but the fact remains, it is salt. Our prehistoric ancestors were already aware of the crucial necessity of salt. Wherever they found salt they guarded it like a treasure. Later in history, salt was called "white gold" and was the subject of political power plays, which oftentimes resulted in war. Roman soldiers were actually paid with salt, which is reflected in the word "salary." Salt was more important for survival than gold. Throughout Europe, the salt routes over which the white gold was transported emerged. The names of many German cities bear testimony to this time, with such names as: Salzgitter, Salzburg or Bad Salzuflen for instance. Also, names including the word "hall," the Celtic word for salt, emerged, with city names like Bad Reichenhall, Friedrichshall and Hallein, indicating salt deposits at these locations.

The Structure of Salt: Similar to water, salt has its individual crystalline structure. In contrast to the structure of water, which is tetrahedral in shape, the grid structure of salt is cubic in form. This cube is constructed from light quanta, also called photons, which are pure light energy. The light/heat energy of



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the sun evaporated the primal oceans more than 250 million years ago and the energy expended for this dehydration is stored in the platonic body of the salt's crystalline grid as potential energy. By adding water, the force of the grid can be overcome, so that the energy it holds is liberated. In this process, the elements within the crystal salt are ionized, allowing them to penetrate the body's cells. This creates an ocean of energy, a powerful potential, waiting only to create and sustain life.

The Power of Salt to Transform: From a scientific point of view, salt has a very unique property. In contrast to all other crystalline structures, the atomic structure of salt is not molecular, but electrical. This fact is what makes salt so transformable. When we submerge a quartz crystal into water and remove it after 10 minutes, it is still the same quartz crystal. It did not change molecularly, though it has a crystalline structure. Although the crystal can give its energy, its frequency pattern into the surrounding water, which is effortlessly absorbed, the quartz crystal remains the same. The crystal is too rooted in matter to be dissolved or disassociated from its polarity.

When we submerge a crystal of salt into water, it dissolves, and the sole is created. Sole is neither water nor salt. It is a higher energetic dimension than either the water or the salt alone. When the sole evaporates, the salt is left behind. This transformability of salt ensures that it does not have to be metabolized in our body. Starch is transformed into sugar, protein into amino acids and fat into glycerin and acid. But salt remains salt. It is directly available to the cells in its ionized form as sole (so-lay). All other foods must be separated into their components in order for the body to make use of them. But salt always remains in its original form. It even accesses our brain directly.

No Thoughts and No Actions Without Salt: Even the simplest processes in our body need salt or its inherent elements in ionized form. For example, it is the task of our nervous system to transmit the stimulation that has been recorded via sensory input to our brain, which in return passes this information back to our muscles in order for us to react to the respective stimuli. An electric potential occurs on the membrane wall of the cells when the positively charged potassium ions leave the cells and the positively charged sodium ions cannot enter due to their size. The outside becomes positively charged and the inside negatively charged. When a nerve cell is stimulated, its membrane suddenly becomes polar opposite and consequently is permeable for the sodium ions. In one-thousandth of a second (1/1000th), the electrical potential is transformed and releases, with every nerve impulse, 90 millivolts of energy. The received stimuli are now being converted into thoughts and actions. Without the elements potassium and sodium in the salt, this process is not possible. Not even a single thought is possible, let alone an action, without their presence. Just the simple act of drinking a glass of water requires millions of instructions that come as impulses. In the beginning there is the thought. This thought is nothing but an electromagnetic frequency. The salt is responsible for enabling this frequency to transmit commands to the muscles and organs.

The Conductivity of Salt: Most of us are familiar with experimenting with the conductivity of salt from science class. We attach two ends of an electric current to a light bulb and submerge it into a glass with distilled water. Because this water is not conductive, the bulb does not light up. But when we add a little bit of salt into the water, the bulb slowly starts to glow. It is the same with our body. When we lack the natural elements of the salt, we are suffering from a chronic loss, a chronic energy deficit, or deficit of information. Salt cannot be labeled as a medication, because that would imply that apples too were a medication. Salt is a core essential nutrient with exceptional abilities and qualities fundamental for keeping us alive. And we can find that which we are lacking, the respective frequency pattern, as well as the necessary bio-chemicals, in natural crystal salt.

White Gold to White Poison: As common as salt shakers are to our kitchens, so are the numbers of diseases associated with salt's daily use. Life is not possible without salt. But our consumption of salt is killing us. Why is that? Because our regular table salt no longer has anything in common with the original crystal salt of which we're talking about here. Salt nowadays is mainly sodium chloride and not salt. Natural crystal salt consists not only of two, but also of all natural elements. These are identical to the elements of which our bodies have been built and originally found existing in the "primal ocean" from where all life originated. Interesting enough, our blood is a sole, containing the same salty solution as that of the primal sea; that is, a fluid consisting of water and salt. It also has the same ratio of concentration as existed in the days when life left the primal sea. This sole flows through more than 56,000 miles of waterways and blood vessels throughout our organism with the forces of gravity and levity and regulates and balances the functions of our body.



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How Salt Became Sodium Chloride: With the advent of industrial development, natural salt was “chemically cleaned” and reduced to the combination of sodium and chloride. Essential minerals and trace elements were removed as impurities. However, sodium chloride is an unnatural, isolated, unwholesome substance having nothing in common with salt. Similar to white, refined sugar, salt, once regarded as white gold, was converted into white poison. However, there is a higher reason for salt having been endowed with all the natural elements found in our bodies. Sodium chloride is an aggressive substance, which biochemically, is perpetually seeking an equalizing counterpart so that the body’s pH can always remain neutral. Sodium chloride needs its natural counterpart in order for it to produce its effect. The natural counterparts, such as potassium, calcium, magnesium and other minerals and trace elements, demonstrate, from a biophysical standpoint, specific frequency patterns. These patterns ensure the geometric structures in our body. When these structures are missing, we are without energy and are lifeless. Salt should not be used just to add flavor to our food, but for its vibration pattern, which is similar to our body!

How Table Salt Burdens the Body: While our body only requires the minute amount of 0.007 ounces of salt per day, most of us suffer from a lack of salt, even though we’re over-saturated with sodium chloride. When our consumption of salt is less than 0.007 ounces per day, salt craving kicks in. The average, per capita, daily consumption of table salt in the U.S. is between 0.4 ounces and 0.7 ounces. However, our body is only able to excrete 0.17 ounces to 0.25 ounces a day through our kidneys, depending on our age, constitution and sex. The body recognizes table salt as an aggressive cellular poison, an unnatural substance, and wants to eliminate it as quickly as possible in order to protect itself. This causes a constant overburden on our organs of excretion. In almost every preserved product, salt is used as part of the preservation process. So, by adding salt to the already-salted food, the body receives more salt than it can get rid of.

The body now tries to isolate the over-dose of salt. In this process, water molecules surround the sodium chloride in order to ionize it into sodium and chloride to neutralize it. For this process, the water is taken from our cells as the body sacrifices its most perfectly structured cell water in order to neutralize sodium chloride. With this, the dehydrated body cells die.

(end of book quotation)

So our food is empty and the life force is dwindling. Progress Earth is determined to change this. When utilizing naturally refined and colloidal minerals, there is no need to have a plant fix our nutrition. We can feed our cells directly with Thalassole & Thalasselixer and provide our bodies with the full entirety of mineral and energetic life force on earth, via biodynamic energy and true intention. No element can be proven unessential to the human body. Thalassole and Thalasselixer have all of them. CELL FOOD in the truest sense!

If there are further questions on the subjects contained herein, please do not hesitate to contact us today. Thank you for reading, we look forward to working with you.

In cooperation, peace & light...so the earth may be healed

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